



**COMPETITION:** 2024 NCAA Challenge (Week 4)  
**EVENT:** Floor Exercise

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Round off					
Double back salto 5/2 tw.	<b>F</b>	3			
Round off					
Double back salto 2/1 tw.	<b>E</b>	3		0.3, 0.1	Large hop, Body adjustment in corner
Tinsica	<b>NR</b>				
Front salto str. 2/1 tw.	<b>X</b>			0.1	Legs crossed. <b>3rd diagonal pass. Skill after Tinsica is not recognized.</b>
Front salto str.	<b>B</b>	2		0.1	Small hop
Butterfly with 1/1 twist	<b>B</b>	1			
Tinsica	<b>NR</b>				
Front salto str. 5/2 tw.	<b>X</b>			0.1, 0.1	Slight knee bend, Insufficient twist. <b>Skill after Tinsica is not recognized.</b>
Round off					
Back salto str. 7/2 tw.	<b>E</b>	4		0.3, 0.1, 0.3	Legs crossed, Insufficient twist, Large step
Round off					
Back salto str. 5/2 tw.	<b>D</b>	4		0.1, 0.3	Slight knee crossing, Insufficient twist
Front salto str. 1/1	<b>C</b>	4		0.3, 0.3	Insufficient height, Large step
Round off					
Back salto str. 3/1 tw.	<b>D</b>	4		0.1. 0.3 + 0.1	Lack of preparation, Large step + Small Step,

G =	Difficulty = 3.1		
F = 1	EG I = 0.5		
E = 2	EG II = 0.3 (B value)	<b>E1 = 3.0</b>	
D = 2	EG III = 0.5 (C value or greater)		
C = 1	EG IV = 0.5 (C value or greater)		
B = 2	Connection + Stick = 0.0		<b>D Panel + E Panel = 11.00</b>
A =	<b>D Score = 4.9 - 0.9 = 4.0</b>		
<b>Neutral Deductions</b>	<b>-0.3 (More than 2 diagonal passes)</b> <b>-0.3 (No balance on one leg)</b> <b>-0.3 (No multiple salto dismount)</b>		

**D – Panel Comments:** Tinsica skills are not permitted. The next element will not be recognized.

**E – Panel Comments:** \* X = repeated skill or non-recognized skill.



**COMPETITION:** 2024 NCAA Challenge (Week 4)  
**EVENT:** Pommel Horse

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Scissor	<b>A</b>	1		0.1	Lack of amplitude
Circle in side support	<b>A</b>	2			
LLS	<b>D</b>	2		0.1, 0.1	Lack of extension, Hip break during Stockli
Czechkehre	<b>B</b>	2		0.1	Lack of extension
Circle in side support				0.1	Lack of extension
LLR18	<b>D</b>	2		0.1, 0.5, 0.1, 0.1	Lack of extension, Hitting the apparatus, Legs apart, Legs bent
Wu	<b>E</b>	3		0.3, 0.3, 0.1	Legs apart, Bent left leg, Legs apart on the end
Tong Fei	<b>D</b>	3		0.1, 0.1, 0.1	Legs apart, Hip bend, Angular deviation
Circle in cross support	A	2		0.1 0.1, 0.1	Angular deviation Lack of extension for 2 circles
Circle with 1/4 turn				0.1, 0.1, 0.1	Hip break, Touching the apparatus with legs during the 1/4 turn, Leg split
Russian 990	<b>B</b>	4		0.1, 0.1, 0.1, 0.3	(3X) Legs apart, Body position under 30 degrees over shoulder horizontal line

G =	Difficulty = 2.3		
F =	EG I = 0.5		
E = 1	EG II = 0.5 (C value or higher)	<b>E1 = 3.5</b>	
D = 3	EG III = 0.5 (C value of higher)		
C =	EG IV = 0.2 (value of dismount)		
B = 2	Connection + Stick = 0.0		<b>D Panel + E Panel = 10.50</b>
A = 2	<b>D Score = 4.0</b>		

**D – Panel Comments:**

**E – Panel Comments:**

\* X = repeated skill or non-recognized skill.

The top 8 counting skills are noted in **Bold & larger font**.



**COMPETITION:** 2024 NCAA Challenge (Week 4)  
**EVENT:** Still Rings

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Slow roll bwd. to Swallow	<b>E</b>	2			
Back uprise to Planche	<b>D</b>	3		0.1, 0.3, 0.3	Slight arm bend. Feet not horizontal during Planche. Short hold.
Kip to support	A	1		0.3	Bent arms
Straight body press to HS	<b>C</b>	2		0.1, 0.1	Strength with swing, Body movement
Giant to HS	<b>C</b>	1		0.1	Body movement
Back uprise to HS	<b>C</b>	1			
Jonasson	<b>C</b>	1			
Yamawaki	B	1			
Back uprise to support	A	1			
Azarian Cross	<b>D</b>	2			
Back uprise to support	<b>Rep</b>				
L-sit	A	2			
Press to HS	B	2		0.1, 0.3 0.1	Rhythm, Body adjustment Arch in handstand
Double back salto 1/1 tw.	<b>C</b>	4	<b>+0.1 Stick</b>	0.1 0.1	Lack of preparation Legs apart > 10cm

G =	Difficulty = 2.8		
F =	EG I = 0.5		
E = 1	EG II = 0.5 (C value or greater)	<b>E1 = 2.0</b>	<b>Dismount stuck = Yes</b>
D = 2	EG III = 0.5 (C value or greater)		
C = 5	EG IV = 0.3 (value of dismount)		
B =	Connection + Stick = 0.1		<b>D Panel + E Panel = 12.70</b>
A =	<b>D Score = 4.7</b>		

**D – Panel Comments:**

**E – Panel Comments:**

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**COMPETITION:** 2024 NCAA Challenge (Week 4)  
**EVENT:** Vault

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
<b>Tsukahara Str. 5/2 twist (Driggs #131)</b>	4.8			0.3	Legs apart during pre-flight
				0.1	Legs crossed in the air
				0.1	Slight pike in the air
				0.1	Lack of preparation
				0.1	Small step

G =	Difficulty = 4.8		
F =	EG 1 =		
E =	EG II =	<b>E1 = 0.7</b>	<b>Dismount stuck = No</b>
D =	EG III =		
C =	EG IV =		
B =	Connection + Stick = 0.0		<b>D Panel + E Panel = 14.10</b>
A =	<b>D Score = 4.8</b>		

**D – Panel Comments:**

**E – Panel Comments:**

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**COMPETITION:** 2024 NCAA Challenge (Week 4)  
**EVENT:** Parallel Bars

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Cast to upper arm	A	3		0.1	Rhythm
Back uprise front salto piked	<b>D</b>	1		0.1	Slight knee bend
Swing to HS	A	2		0.1, 0.3	Bent body during swing to HS. Reverse direction
Giant to HS	<b>C</b>	3		0.1	Hand adjustment before giant.
Back toss to HS	<b>C</b>	2			
Front uprise	A	1			
Front salto 5/4 to upper arm	<b>D</b>	2		0.1	Slight knee bend
Front uprise	Rep			0.1	Body below horizontal
Swing to HS	Rep			0.3	Reverse direction
Stutz	<b>C</b>	2		0.1	Hand adjustment after Stutz
Diamidov	<b>C</b>	2			
Basket to support	<b>B</b>	3			
L-sit	A	2			
Press to HS	B	2		0.1, 0.1	Arm bend. Hand adjustment
Double back salto piked	<b>D</b>	4		0.1, 0.3, 0.1	Bent ankle. Lack of preparation. Small hop..

G =	Difficulty = 2.6		
F =	EG I = 0.5		
E =	EG II = 0.5 (C value or greater)	<b>E1 = 2.0</b>	<b>Dismount stuck = No</b>
D = 3	EG III = 0.5 (C value or greater)		
C = 4	EG IV = 0.4 (value of dismount)		
B = 1	Connection + Stick = 0.0		<b>D Panel + E Panel = 12.50</b>
A =	<b>D Score = 4.5</b>		

**D – Panel Comments:**

**E – Panel Comments:**

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**COMPETITION:** 2024 NCAA Challenge (Week 4)  
**EVENT:** Horizontal Bar

Skills	Value (*)	Element Group	Connection Bonus	Execution Deduction	Comments
Back uprise to HS	A	1			
Zou Li Min	<b>C</b>	1		0.3	Insufficient turn
Undergrip giant	A	1			
Adler ½ turn	<b>D</b>	3		0.1, 0.1	Bent knees. Hand adjustment
Overgrip giant	A	1			
Kolman	<b>E</b>	2		0.1	Bent ankle
Kovacs	<b>D</b>	2		0.1	Bent ankle
Tkatchev stretched	<b>D</b>	2		0.3	Body piked over 30 degrees while crossing the bar.
Tkatchev straddled	<b>C</b>	2			
One arm giant	<b>B</b>	1			
Double back str. 1/1 tw.	<b>D</b>	4	<b>+0.1 Stick</b>	0.1, 0.1	Body slightly bent in the air. Arm waving at landing.

G =	Difficulty = 2.9		
F =	EG I = 0.5		
E = 1	EG II = 0.5 (C value or greater)	<b>E1 = 1.2</b>	<b>Dismount stuck = Yes</b>
D = 4	EG III = 0.5 (C value or greater)		
C = 2	EG IV = 0.4 (value of dismount)		
B = 1	Connection + Stick = 0.1		<b>D Panel + E Panel = 13.70</b>
A =	<b>D Score = 4.9</b>		

**D – Panel Comments:**

**E – Panel Comments:**

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